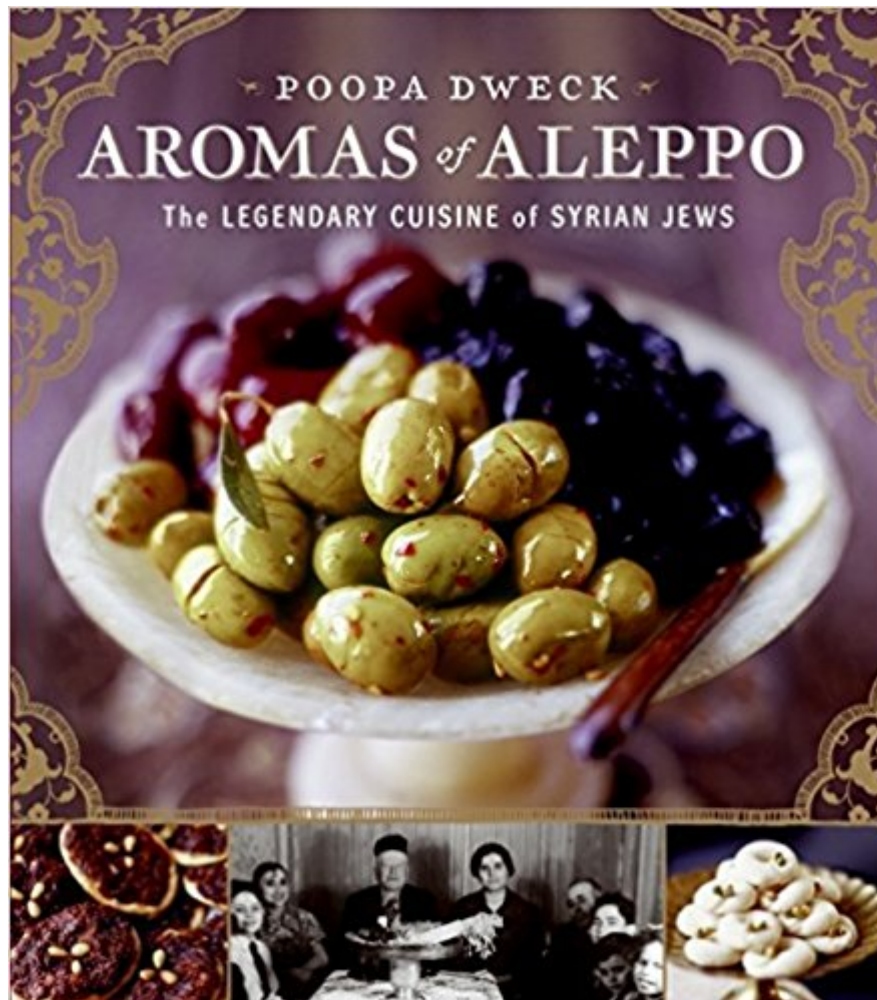




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Aromas Of Aleppo: The Legendary Cuisine Of Syrian Jews



Synopsis

When the Aleppian Jewish community migrated from the ancient city of Aleppo in historic Syria and settled in New York and Latin American cities in the early 20th century, it brought its rich cuisine and vibrant culture. Most Syrian recipes and traditions, however, were not written down and existed only in the minds of older generations. Poopa Dweck, a first generation Syrian-American Jewish American, has devoted much of her life to preserving and celebrating her community's centuries-old legacy. Dweck relates the history and culture of her community through its extraordinary cuisine, offering more than 180 exciting ethnic recipes with tantalizing photos and describing the unique customs that the Aleppian Jewish community observes during holidays and lifecycle events. Among the irresistible recipes are: Bazargan Tanga Tamarind Bulgur Salad Shurbat Addes Hearty Red Lentil Soup with Garlic and Coriander Kibbeh Stuffed Syrian Meatballs with Ground Rice Samak b'Batata Baked Middle Eastern Whole Fish with Potatoes Sambousak Buttery Cheese Filled Sesame Pastries Eras bi'Ajweh Date Filled Crescents Chai Na'na Refreshing Mint Tea Like mainstream Middle Eastern cuisines, Aleppian Jewish dishes are alive with flavor and healthful ingredients featuring whole grains, vegetables, legumes, and olive oil but with their own distinct cultural influences. In Aromas of Aleppo, cooks will discover the best of Poopa Dweck's recipes, which gracefully combine Mediterranean and Levantine influences, and range from small delights (or maza) to daily meals and regal holiday feasts such as the twelve-course Passover seder.

Book Information

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Customer Reviews

“The intriguing recipes inspired me to head for my kitchen, but the story kept me in my chair, riveted.” (New York Times)
“Poopa Dweck has put together such a wonderful collection of delicious recipes.” (Claudia Roden, author of *The New Book of Middle Eastern Food* and *The Book of Jewish Food*)
“Aromas of Aleppo is as enticing to read through as to cook from.” (San Francisco Chronicle)
“[Poopa Dweck] has made it her task to preserve their venerable cuisine in its fullness.” (Los Angeles Times)
“The large-format book could be relegated to the coffee table but won’t be.” (Chicago Tribune)
“Tinged with the bittersweet memories of a community that lovingly upholds table traditions of the city that evicted all its members.” (New York Sun)
WINNER OF THE JEWISH NATIONAL BOOK AWARD (No Source)

Poopa Dweck is an expert on Aleppian Jewish cookery and the creator of Deal Delights cookbooks. A highly active community leader, she frequently lectures and performs cooking demonstrations. She is also the founder of the Jesse Dweck City Learning Center and Daughters of Sarah and the cofounder of the Sephardic Women’s Organization. Dweck lives in Deal, New Jersey, with her husband, and has five children.

I absolutely love this book. I love Sephardic cuisine in general and was very intrigued by the cover. I was a little worried about the price tag but after owning it for a few months I believe it is very well worth the price. The book is quite heavy, very extensive, the pictures are gorgeous and the stories are great. Poopa makes the reader feel like he’s part of the family, and I wish I was so I would eat her cooking! All the recipes I have tried so far are delicious and pretty well explained. A lot are quite complex, requiring specialty ingredients and involving many steps but I don’t think this is a book a beginner would get anyway. It’s currently in display on my coffee table, and I believe it will remain there for a while.

Aromas of Aleppo is a beautiful book, worthy of displaying, but the recipes are really why this book is a must have. My aunt and I made the stuffed artichokes with tomato sauce for the holidays and accompanied them with the browned onion and lentil rice, and a beet salad. Not only was there not

a bite left after dinner, there were cries for more. My family is mostly American from an Eastern European background, and half are Catholic, and half are Jewish, and we are not familiar with many of the foods in this book, however, every time I make a dish from it I feel like a tradition is born. Accompanying each other to the grocery stores to find these ingredients and then cooking together in the kitchen with aromas that bring to mind far off places and exciting new flavors truly is the real magic of this cookbook. Many of the recipes in this book are extremely easy to make and the foods easy to find, but don't let the more complicated recipes and ingredients hinder you from the others, they are the ones I have found most rewarding! Even if you do not end up making one recipe from this cookbook the beautiful pictures of the dishes, as well as the text on the history and culture of the Syrian Jews make it an addictive addition to any coffee table, book shelf, or cookbook collection.

Fantastic book. So many recipes for where the flavors and aromas invoke incredible nostalgia. I often use Stella's Sephardic Table: Jewish family recipes from the Mediterranean island of Rhodes in conjunction with Aromas of Aleppo as they have many similar recipes. Used together they allow for differing styles and fin tuning to my personal preference.

I bought this book for both of my sisters because I wanted them to have some special memory of our Syrian heritage. Both are excellent cooks like my mother and grandmother so they just jumped right in they made the foods we all loved from our childhood and so enjoyed! For the holidays my younger sister tried some recipes that we only remembered eating as children but had not had for some time.... it was such a treat. Thank you Poopa for capturing the wonderful aspects of our heritatge and the delicious recipes that can be passed to the next generations as my nieces enjoy using the books as well. Wonderful tribute to the Sephardic Community!

Recipes and stories from a time and place that no longer exists.

Wonderful cookbook! So far I've tried a few recipes and they have been very well received by my Shabbat guests. The first copy I ordered came with the corner damaged. replaced it immediately without hassles. Excellent purchase!

A very interesting read. She explains a lot about the culture of Jews in Aleppo (a city in Syria that is almost entirely in ruins today.) In doing so she presents a lot of recipes for things that were easily available in shops in Aleppo, and rarely made at home. It is more interesting as a memoir than as a

cook book.

I knew this was a lovely book, since my sister has it and I've been looking at it for years. It arrived on time and in the condition described. Thank you!

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